Have You Lost Your OSHA 10 or 30 Card?

According to the OSHA Training Institute (OTI), you may apply for a replacement card as long as it has not been more than 3 years since you obtained the original card. To apply for a replacement card, first contact the trainer who provided your training. The trainer will send you a form to complete, then you will send your completed form along with the appropriate replacement fee (normally $25) to the outreach center that originally issued the card. OTI only authorizes the replacement of one lost card. If you lose your card again, you will be required to re-take the appropriate course. This requirement applies to both 10 and 30 hour courses for both construction and general industry.

In the state of Nevada, Nevada Revised Statute 618.950 to 618.990 imposes additional requirements for construction workers. Although there is no expiration date on the OSHA card, Nevada state law requires construction workers to complete 5 hours of additional job related safety training, each five years. Employees who direct the work of others and are required to have a 30 hour card, must complete a minimum of 15 hours of additional training each 5 years.

SCATS offers both 10 and 30 hour courses for construction and general industry at no charge. Classes are offered in the Las Vegas, Reno, and Elko territories. For more information and to register for classes visit our OSHA 10/30 website at www.NV1030.org.

Top 10 Most Frequently Cited OSHA Standards

The following is a list of the top 10 most frequently cited standards following inspections of worksites by federal OSHA. OSHA publishes this list to alert employers about these commonly cited standards so they can take steps to find and fix recognized hazards addressed in these and other standards before OSHA shows up. Far too many preventable injuries and illnesses occur in the workplace. The following were the top 10 most frequently cited standards in fiscal year 2011 (October 1, 2010 through September 30, 2011):

1. Scaffolding, general requirements, construction (29 CFR 1926.451)
2. Fall protection, construction (29 CFR 1926.501)
5. Control of hazardous energy (lockout/tagout), general industry (29 CFR 1910.147)
8. Ladders, construction (29 CFR 1926.1053)
9. Electrical systems design, general requirements, general industry (29 CFR 1910.303)
10. Machines, general requirements, general industry (29 CFR 1910.212)
Tips For Maintaining Eye and Face Protection

OSHA’s 29 CFR 1910.132 of Subpart I details the general requirements for eye and face protection. One of these requirements is that eye and face protection shall be maintained in a sanitary and reliable condition. Face glasses, goggles, and face shields found to be dirty or scratched in a manner which would reduce visibility could not only be hazardous, but may also result in a citation. Face shields in particular can quickly become covered with micro scratches when stored improperly, this causes a “blurry” or “smudged” appearance. As stated in 1910.132(e), defective or damaged personal protective equipment (PPE) shall not be used. SCATS recommends keeping eye and face protection in a clean cloth bag with the employee’s name on it. This will help lengthen the effective life of the PPE. Simply storing eye and face protection in soft cloth bags or pouches is a small price to pay compared to the cost of frequent PPE replacement or even worse, injuries and citations.

Asbestos in the Workplace

Asbestos is a naturally-occurring mineral that has a high resistance to heat and corrosion. Due to these characteristics, asbestos has been used in many commercially produced items such as housing insulation, floor tiles, fire-resistant drywall, and roofing materials. Asbestos is still used today in products such as brake pads on automobiles.

So, why is there so much concern about asbestos if it is extremely useful? The problem with asbestos is that when its fibers become disturbed, those fibers become airborne and can be inhaled. Asbestos exposure can lead to serious illnesses such as mesothelioma and asbestosis. In fact, it has been found that complications can arise even after only a single exposure to Asbestos.

So, what do you do if you think that your workplace may contain Asbestos? OSHA requires that all employers who have employees who are reasonably expected to be exposed to asbestos fibers, perform air-monitoring tests to determine that airborne concentrations are under permissible exposure limits. It is the duty of employers and facility owners to perform an environmental screening on building facilities to determine the presence of asbestos containing materials and then communicate the hazards to employees.

For more information on asbestos, refer to 1910.1001 for general industry or to 1926.1101 for construction.

Determine the goals and the roles of safety committees and the members. Before choosing committee members, companies should form a temporary-working group of managers and supervisors to clarify the broad roles, goals, and objectives of the safety committee. When attempting to determine the role of the safety committee, consider the following:

- Safety committees have no enforcement powers, as they are only a “staff” function of the organization.
- Managers and supervisors have the “line” functions of the organization and must be ultimately responsible for enforcement of safety since only they have the power to “hire or fire”.
- Supervisors’ support is necessary, as they must release their people for safety committee duties.
- If management and supervision does not develop a clear mission for the committee, and support it, the committee will likely fail.

Suggest duties for the safety committee. Responsibilities may include:

- Safety planning for the organization when new processes, equipment, facilities, etc., are introduced
- Developing safety policies, procedures, and informational handbooks/brochures
- Promotion of safety on and off the job
- Safety Training evaluation and/or recommendations
- Hazard identification, inspection, control, and investigation
- Accident trend analysis
- Safety management, evaluation, and review
- Safety program implementation audits
- Communicating employee concerns to management

Training is important for safety committee members. Training should include the following as a minimum:

- Orientation training on the mission and goals of the safety committee
- In-depth training on the employers written safety program
- Training on physical hazards and unsafe acts found within the organization
- Accident investigation

Safety Committee members should be problem solvers rather than just providing a list of problems to management. If the committee is not operating effectively, management needs to review the broad goals and missions assigned, ask if the present members possess the appropriate skills to meet the goals assigned, and honestly assess whether they are providing the necessary resources (time, money, support) to do what’s required. In the final analysis, your safety committee is only as effective as senior management wants it to be.
To assist Nevada employers with safety and health issues in the workplace, the State of Nevada Safety Consultation and Training Section (SCATS) has developed the Safety and Health Achievement Recognition Program (SHARP) to recognize an employer’s exemplary safety and health program. Nevada business owners are recognizing that maximizing safety on the job translates directly into increased efficiency and productivity making safety one of the most powerful tools for controlling the costs of doing business. By achieving SHARP status, employers have placed themselves in an elite group of small businesses that maintain commendable safety and health management systems. Last quarter, Basalite of Sparks, Nevada, was recognized for receiving their third consecutive SHARP award. Basalite has made significant progress by correcting all serious hazards identified during the initial safety and health survey of its facility.

In addition, Basalite has maintained injury and illness rates below the national average for its industry. As a result of achieving SHARP, Basalite has been granted an exemption from OSHA programmed inspections for up to 2 years.

To find out more information about how your company can become SHARP, visit http://www.osha.gov/dcsp/smallbusiness/sharp or call 1-877-4SAFENV (472-3368).

Nevada Employers in the SHARP

Creating a compliant bloodborne pathogens exposure control plan has proven to be a challenge for many industries because the standard was primarily written for medical facilities. However, since there is a possibility of exposure to potentially infectious materials through first aid procedures, this standard also applies to other types of workplaces. So, does this mean everyone must implement this program? The answer is no. However, a preliminary and formal exposure determination should be conducted to answer this question.

The first step in conducting a preliminary exposure determination would be to determine if there is a reasonable expectation of employee exposure to potentially infectious materials. For example, if you have an employee who handles human resources but doubles as a first aid responder, then you indeed have determined that there is a potential employee exposure. As a result, a formal exposure determination must be conducted.

A formal exposure determination details which employees may have exposure to potentially infectious materials. Per 29 CFR 1910.1030 (c)(2)(ii)(A-C) the exposure determination shall contain the following:

- A list of job classifications in which all employees have occupational exposure;
- A list of job classifications in which some employees have occupational exposure, and
- A list of all tasks and procedures or groups of closely related tasks and procedures in which occupational exposure occurs and that are performed by employees in job classifications listed in accordance with the provisions of paragraph (c)(2)(ii)(B) of this standard.

If it has been determined that an employer is required to maintain an Exposure Control Plan because it has employee(s) with occupational exposure, the exposure determination must be included as part of the company’s bloodborne pathogens exposure control plan. Though not everyone is required to create and maintain this program, all employers should at least consider whether or not they should develop one.
Did You Know?

Traffic Control/Flaggers at Construction Sites are required to have the OSHA 10- or 30-hour cards.

SAFETY CONSULTATION AND TRAINING SECTION

**Southern Nevada**
1301 N. Green Valley Parkway
Suite 200
Henderson, Nevada 89074
702-486-9140
Fax: 702-990-0362

**Northern/Central Nevada**
4600 Kietzke Lane
Suite E-144
Reno, Nevada 89502
775-824-4630
Fax: 775-688-1478

**Northeastern Nevada**
350 West Silver Street, Suite 210
Elko, Nevada 89801
775-778-3312
Fax: 775-778-3412

Safety Consultation and Training Section is committed to assisting Nevada employers in their efforts to improve workplace safety and health. This **no cost** program is designed for Nevada’s small employers who see the added value of safety and health activities in reducing their accident costs or who want to be in compliance with the OSHA regulations.

One of the most beneficial services to companies is our comprehensive consultation surveys. Upon your company’s request and agreement to correct serious hazards, consultation safety and/or health consultants will survey your operations and help identify hazards, non-compliance issues, and program deficiencies to the Nevada OSHA requirements. If a comprehensive survey is not what is needed, our safety consultants and industrial hygienists can provide a survey that will assist in a specific area of concern.

Other services to supplement your safety and health awareness and recognition training include: a video lending library, specific technical assistance, and various safety and health related training classes (which can also be conducted at your facilities). **Simply call SCATS!**

You can contact SCATS by calling the local numbers listed or call the toll-free number at 1-877-4SAFENV or 1-877-472-3368.

Please visit our website at:
www.4safenv.state.nv.us

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Please visit our website at:
www.4safenv.state.nv.us

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How To Contact Our Other Division of Industrial Relations (DIR) Sections!

**Workers’ Compensation Section (WCS)**

HENDERSON: Phone: (702) 486-9080
CARSON CITY: Phone: (775) 684-7270
http://dirweb.state.nv.us/WCS/wcs.htm
WCS@dir.nv.gov

**NV OSHA Enforcement Section**

HENDERSON: Phone: (702) 486-9020
RENO: Phone: (775) 824-4600
http://dirweb.state.nv.us/OSHA/oshes.htm

**Mine Safety and Training Section (MSAT)**

HENDERSON: Phone: (702) 486-9131
CARSON CITY: Phone: (775) 684-7085
http://dirweb.state.nv.us/MSTS/msts.htm

Please visit our website at:
www.4safenv.state.nv.us

**Your Partner for a Safer Nevada**

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